

# Genital HIV-1 Shedding with Dolutegravir (DTG) plus Lamivudine (3TC) Dual Therapy

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## Background

- Genital HIV shedding occurs in 2-20% of individuals on standard three-drug antiretroviral therapy (ART).
- The incidence of genital HIV RNA shedding with the investigational two-drug regimen of DTG+3TC is unknown.

## Objective

To determine the frequency and magnitude of genital HIV RNA shedding in men and women virologically suppressed on DTG+3TC, an investigational two-drug regimen currently in phase 3 clinical trials, as compared to three-drug ART.

## Cohort and Sampling

- Participants were recruited from two ongoing clinical trials:
  - **ASPIRE**: Virologically suppressed participants randomized to continuation of three-drug ART or switch to DTG+3TC.
  - **A5353**: ART-naïve participants, who initiated DTG+3TC in a single-arm phase 2 pilot study.
- At week 24 (or 36) and at week 48 after study initiation, genital secretions were collected to quantify genital HIV RNA (self-collected vaginal swab for women and semen for men).

## Data Generated

- Genital HIV RNA, herpes simplex virus (HSV) and cytomegalovirus (CMV) DNA were quantified by real-time PCR.
- HIV genotyping and urine PCR for gonorrhea and chlamydia were performed if genital HIV RNA was detected.

## Tables

Table 1. Demographics and clinical characteristics for ASPIRE study and A5353 study.

Characteristics	ASPIRE (DTG+3TC) (n=18)	ASPIRE (3-drug) (n=20)	A5353 (DTG+3TC) (n=13)
Age (years)			
Median (IQR)	43 (35-56)	47 (41-52)	29 (25-40)
HIV RNA level at Baseline(copies/ml)			
Median (IQR)	<20	<20	29138 (13365-67968)
CD4+ at Baseline (cells/ $\mu$ L)			
Median (IQR)	663 (528-812)	710 (484-872)	458 (336-671)
Time on ART at Baseline (Years)			
Median (IQR)	5.4 (3.5-7.6)	6.2 (3.8-7.8)	ART- Naive
Self-reported ART Adherence*, n (%)			
No missed doses	11 (61%)	11 (55%)	11 (85%)
Missed some doses	7 (40%)	9 (45%)	2 (15%)
Sex, n (%)			
Female	3 (17%)	2 (10%)	1 (8%)
Male	15 (83%)	18 (90%)	12 (92%)

Legend: IQR: Interquartile Range, ART: antiretroviral therapy, n: number, . \*Self-reported ART Adherence during study follow-up

Table 2. Summary of HIV RNA Genital Shedders (N=3)

Parent study	Study week	ART regimen	Last missed doses	Genital HIV RNA (copies/ml)	Plasma HIV RNA* (copies/ml)	CMV DNA (copies/ml)	HSV DNA (copies/ml)	Gonorrhea RNA	Chlamydia RNA
ASPIRE #1	48	RPV/TDF/FTC	1-2 weeks	42	179	Not detected	Not detected	Not detected	Not detected
ASPIRE #2**	36	DTG+3TC	> 3 months	488	<20	314607	Not detected	Not detected	Not detected
	48	DTG+3TC	Never	79	31	86090	Not detected	Not detected	Not detected
A5353	24	DTG+3TC	Never	48	<40	NA***	NA***	Not detected	Not detected

Legend: RPV: Rilpivirine, TDF: Tenofovir, FTC: emtricitabine, DTG: Dolutegravir, 3TC: Lamivudine. NA = not available. \*Plasma HIV RNA at the same time of genital HIV RNA shedding \*\*ASPIRE participant #2 had detectable HIV RNA at two consecutive time-points, \*\*\*not enough semen sample to run these additional tests

## Results

- Demographics and clinical characteristics for ASPIRE study and A5353 study are summarized in **Table 1**.
- Three participants had seminal HIV RNA shedding (**Table 2**):
  - 1/20 (5% [95%CI: 0.1%, 25%]) in the ASPIRE three-drug ART arm.
  - 1/18 (5.6% [0.1%, 27%]) in the ASPIRE DTG+3TC arm.
  - 1/13 (7.7% [0.2%, 36%]) in A5353 (DTG+3TC).
  - No women had detectable genital HIV RNA.
- HIV genotyping was unsuccessful in genital secretions except integrase sequencing in one participant, which revealed no resistance mutations.
- HSV, gonorrhea or chlamydia was not detected in any participant with concomitant detectable genital HIV RNA. One participant had concurrent HIV and CMV genital shedding.

## Conclusions

- **Genital HIV RNA shedding was comparable between virologically suppressed individuals receiving initial or maintenance DTG+3TC and those on three-drug ART.**
- **These results suggest that DTG+3TC may confer similar transmission prevention benefits as triple therapy.**
- **It is unknown if HIV RNA in genital secretions represent replication competent or transmissible virus.**

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